



# GOLDEN TICKET PROGRAM

## PLAN YOUR WEEK!

Use this form to plan your week before registering online OR  
bring it into the Community Center to assist with your registration!

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

### MONDAY

- ☐ Watercolor 9 - 11 AM ☐ Session 1 ☐ Session 2
- ☐ Qigong 11 - 12 PM
- ☐ Drawing 11:30 - 1 PM ☐ Session 1 ☐ Session 2
- ☐ You Can Paint 1:30 - 3:30 PM
- ☐ Writing Your Life 2 - 3:30 PM

**\$86 / \$75 Residents**

### **Membership Fee**

Allows you to sign up for as many  
classes and programs as you'd like!

### TUESDAY

- ☐ Clarity Catalyst 8:30 - 9:30 AM
- ☐ Dance Fitness 9 - 10 AM
- ☐ Meditation Move. 9:45 - 10:45 AM
- ☐ Chair Yoga 10:05 - 10:45 AM
- ☐ Knitting 11 - 12:30 PM
- ☐ Healthy Habits 11 - 12:30 PM
- ☐ Portrait Drawing 1:30 - 4 PM
- ☐ History Talks 12 - 1 PM or 4 - 5 PM

### WEDNESDAY

- ☐ Watercolor 9 - 11 AM ☐ Session 1 ☐ Session 2
- ☐ Meditation 9:30 - 10:30 AM
- ☐ Golden Golf ☐ 10:30 - 11:10 AM ☐ 11:20 AM - 12 PM
- ☐ Sing Along 11 - 12 PM
- ☐ Bridge Group 1 - 4 PM
- ☐ Hula Fit 1:30 - 4:30 PM
- ☐ Tai Chi 3 - 3:50 PM
- ☐ Beg. Watercolor 3:30-5:30 PM
- ☐ Wine Time 4:15-5:15 PM
- ☐ Session 1
- ☐ Session 2

**Resident  
Registration  
Begins on 12/10  
Non-Residents  
on 12/17**

### THURSDAY

- ☐ Dance Fitness 9 - 10 AM
- ☐ Gentle Yoga 9 - 9:45 AM
- ☐ Chair Yoga 10:05 - 10:45 AM
- ☐ Tai Chi 11 - 12 PM
- ☐ Stretch & Streng. 11 - 11:45 AM
- ☐ Crochet 11 - 12:30 PM
- ☐ Floor Stretch 12:10 - 12:45 PM
- ☐ Brain Fitness 1:30 - 2:30 PM
- ☐ Oil Painting 1:30 - 4 PM
- ☐ Modern Tech 3 - 4 PM

### FRIDAY

- ☐ News & Current Events 10 - 11:30 AM

### SUNDAY 3/15

- ☐ UC Master Gardeners 1 PM