



GOLDEN TICKET PROGRAM

PLAN YOUR WEEK!

Use this form to plan your week before registering online OR bring it into the Community Center to assist with your registration!

NAME: _____

EMAIL: _____

PHONE: _____

MONDAY

- Watercolor 9 - 11 AM Session 1 Session 2
- Qigong 11 - 12 PM
- Drawing 11:30 - 1 PM Session 1 Session 2
- You Can Paint 1:30 - 3:30 PM
- Writing Your Life 2 - 3:30 PM

**\$86 / \$75 Residents
Membership Fee**

Allows you to sign up for as many classes and programs as you'd like!

TUESDAY

- Clarity Catalyst 8:30 - 9:30 AM
- Dance Fitness 9 - 10 AM Portrait Drawing 1:30 - 4 PM
- Meditation Move. 9:45 - 10:45 AM History Talks 12 - 1 PM or 4 - 5 PM
- Chair Yoga 10:05 - 10:45 AM
- Knitting 11 - 12:30 PM
- Healthy Habits 11 - 12:30 PM

WEDNESDAY

- Watercolor 9 - 11 AM Session 1 Session 2
- Meditation 9:30 - 10:30 AM
- Golden Golf 10:30 - 11:10 AM 11:20 AM - 12 PM
- Sing Along 11 - 12 PM
- Bridge Group 1 - 4 PM
- Hula Fit 1:30 - 4:30 PM Wine Time 4:15-5:15 PM
- Tai Chi 3 - 3:50 PM Session 1
- Beg. Watercolor 3:30-5:30 PM Session 2

Resident
Registration
Begins on 12/10
Non-Residents
on 12/17

THURSDAY

- Dance Fitness 9 - 10 AM
- Gentle Yoga 9 - 9:45 AM
- Chair Yoga 10:05 - 10:45 AM
- Tai Chi 11 - 12 PM
- Stretch & Streng. 11 - 11:45 AM
- Crochet 11 - 12:30 PM
- Floor Stretch 12:10 - 12:45 PM
- Brain Fitness 1:30 - 2:30 PM
- Oil Painting 1:30 - 4 PM

FRIDAY

- News & Current Events 10 - 11:30 AM

SUNDAY 3/15

- UC Master Gardeners 1 PM

Modern Tech
3 - 4 PM